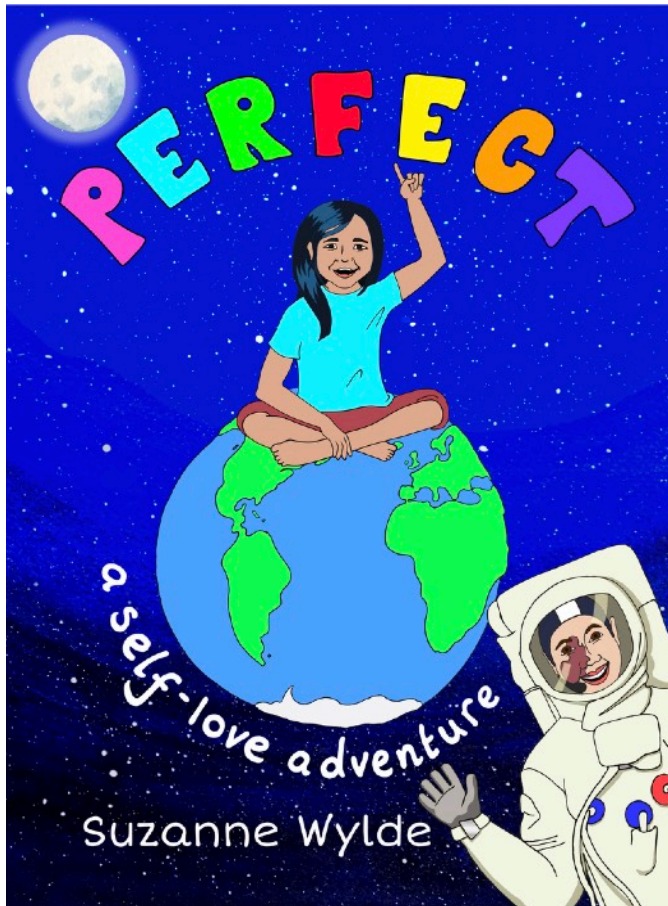


Perfect: A Self-Love Adventure



About

Inclusive picture book exploring self-love, acceptance and resilience. With a diverse cast of characters and simple exercises the reader can do as they go, this fun book teaches, entertains and starts important conversations with young children.

*"In our great big world,
some things are always true.
I am perfect just the way I am,
and you are perfect too!"*

Author

Suzanne Wylde is a coach and author with a background in acupuncture, stretching and coaching. She teaches common sense tools for self-development to children and adults.

Selling Points

- Rhyming verse
- Colourful illustrations
- Diverse characters from different backgrounds and with different challenges.
- Simple, fun exercises
- Published author



Price: £11.99

Extent: 34 pages

Format: 8.5 x 11 inch hardcover

ISBN: 978-1-8380352-4-2

Imprint: Many Trees Publishing

Pub date: 7/7/21

Comparable books: *I am Enough*, *I Am*

Love: A Book of Compassion and

Listening with My Heart

Bic: YQNP, YXL, YXK and YXN

Available: IngramSpark ipage, Gardners

Extended Catalogue

'Perfect' is a great book that offers a safe space for ourselves and our daughter to start having these important and sensitive conversations about diversity, self-acceptance and emotional regulation. It deserves a space on every child's bookcase and I know that we will be revisiting this book with our daughter time and time again.'

- Lily Lai